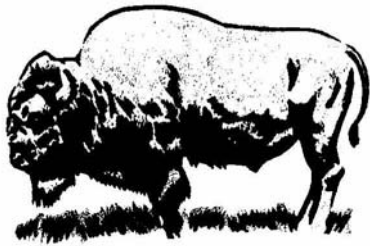


BUFFALO SHORES GAZETTE

Oldest Settlement in Scott County-----Buffalo, Iowa



Rural Pearl of the Month: Take Care of the Land, They're Not Making Any More of it!

After you read your copy of the "Buffalo Shores Gazette", please pass on to a Friend, Relative or Neighbor to Enjoy.

PLEASE VISIT OUR WEBSITE AT WWW.BUFFALOIOWA.ORG

Volume 9, Issue 2

March 15 - April 14
2010

free
MONTHLY



BVFD Notes



We spent 79 man-hours responding to 24 emergency calls in February. We responded to 21 EMS calls, 1 Vehicle Accident, and 2 Miscellaneous Calls for alarm malfunctions. The members also spent 24 man-hours performing station and vehicle maintenance with their assigned duty crew.

It's that time again. It's time for our annual fund raising drive. We hold this drive each year to raise money to buy equipment for the department. The finale each year is our Fireman's Dance. This is our 37th year for our St. Patrick's Day Dance and this year it will be held on March 20th from 8 till midnight at the Buffalo Community Center. Music will be provided by the Boot Hill Band. We hope to see you all there, and thank you for your support.

Respectfully submitted by:
Terry Adams, Fire Chief
Visit Us at
www.BVFDIRE.COM

**PLEASE REMEMBER TO COMPLETE
AND TURN IN YOUR CENSUS!
DOING SO ENSURES OUR
COMMUNITY GETS OUR SHARE OF
RESOURCES \$\$\$\$\$!**

Carter Cafe

1106 Front Street
Buffalo Iowa

381-1555

Hours Monday-Friday 6am-2pm
Wednesday-Friday 4pm-8pm
Saturday 7am-2pm
Daily Lunch Specials
Check us out!



**Buffalo Volunteer Fire
Department**
St. Patrick's Day Dance
March 20th
8:00pm to 12:00am
Buffalo Community Center

BUFFALO TRIVIA QUESTION OF THE MONTH:
When was the VFW organized and with how many Charter members?

ANSWER TO LAST MONTH'S TRIVIA QUESTION:
Four Buffalo Mayors served more than 10 years:
John Prignitz 17, Hugo Hoffbauer 14, FritzBernick 13, Lewis Adams 13.

Montpelier Fire Department
Trivia Night
Saturday March 27, 2010
Food @ 5pm Game Starts @ 6pm
For Reservations
call (563)381-3122

CLARK'S LANDING RESTAURANT

BREAKFAST, LUNCH & DINNER
SERVED DAILY

"SMALL TOWN HOME COOKEN"
612 FRONT STREET
BUFFALO, IOWA
WE NOW HAVE DELIVERY!
381-4190

CLERK'S CORNER

The weather is finally breaking and we should be seeing some drier weather (I hope!). As a reminder all past due bill must be paid By March 29, 2010 to avoid shut off. Rezoning of Apple Hollow lots will have a public hearing to be held on April 5th at 7pm. Tom Harland was awarded \$500 to go towards the annual Easter egg hunt he puts on yearly. Park board is looking for volunteers to help plan this years Buffalo Day.

Energy Efficiency Tip of the Month

Appliances account for about 17% of your household's energy consumption, with refrigerators, clothes washers, and clothes dryers at the top of the consumption list.

When you're shopping for appliances, think of two price tags. The first one covers the purchase price—think of it as a down payment. The second price tag is the cost of operating the appliance during its lifetime. You'll be paying on that second price tag every month with your utility bill for the next 10 to 20 years, depending on the appliance. Refrigerators last an average of 14 years; clothes washers about 11 years; dishwashers about 10 years; and room air conditioners last 9 years.

When you do shop for a new appliance, look for the ENERGY STAR label. ENERGY STAR products usually exceed minimum federal standards by a substantial amount. The appliance shopping guide lists some of the major appliances that carry the ENERGY STAR label and provides helpful information on what to look for when shopping for an appliance.

What's a kilowatt?

When you use electricity to cook a pot of rice for 1 hour, you use 1000 watt-hours of electricity! One thousand watt-hours equals 1 kilowatt-hour, or 1 kWh. Your utility bill usually shows what you are charged for the kilowatt-hours you use. The average residential rate is 9.4 cents per kWh. A typical U.S. household consumes about 11,000 kWh per year, costing an average of \$1,034 annually.

Kim Kauffman, Deputy Clerk

Tanna Carter, City Clerk

381-2226 clerk@buffaloioowa.org, www.buffaloioowa.org

CALVARY LUTHERAN CHURCH

The Community Dinner will be held

March 18th 4-6:30.

We will be serving

Corned Beef and Cabbage, potatoes, carrots, desserts, beverages.

This is free to the community.

Donations are welcome.

Everyone is encouraged to attend.

Haugen Photography

Katie Haugen

PO Box 375

Buffalo, IA 52728

563-381-5068

Specializing in weddings, engagements, senior portraits and automotive photography.

40th Anniversary of Earth Day

April 22, 2010

Forty years after the first Earth Day, the world is in greater peril than ever. While climate change is the greatest challenge of our time, it also presents the greatest opportunity - an unprecedented opportunity to build a healthy, prosperous, clean energy economy now and for the future.

Earth Day 2010 can be a turning point to advance climate policy, energy efficiency, renewable energy and green jobs. Earth Day Network is galvanizing millions who make personal commitments to sustainability. Earth Day 2010 is a pivotal opportunity for individuals, corporations and governments to join together and create a global green economy. Join the more than one billion people in 190 countries that are taking action for Earth Day.

Start planning your Earth Day 2010 event and take action today.

Visit the below website for more info:

<http://www.earthday.net/earthday2010>

Join millions around the globe to make your community and the world cleaner and more sustainable

BUFFALO HISTORICAL SOCIETY

The next Historical Society meeting will be March 18. We will be open for visits on Sunday afternoons 1-4, or by appointment. Telephone numbers are on the door of the Museum, or you can call Chris at 381-8074. Donate to our Museum and get your name in the paper!

MINI STORAGE For Rent

12'x22' - 10'x12'-8' High O.H. doors

Y-48 Davenport area

Low Rates!

Also, 1900 SQ ft Heated, Insulated Shop
Office w/Radiant Heat - 3- 14'x14' O.H. doors

Call Troy Dickens Now!

563-570-0504

From the Clothes Closet

The Clothes Closet (Free Clothing Give-away) would like to thank all who donated to the closet during 2009. We gave away 71092 items! These things helped many. Keep the donations coming. They are much appreciated.

Hours: Tues & Wed 9-12am

Thurs 5-7pm

**GRAMPP REALTY
GMAC REAL ESTATE**

2500 18th Street
Bettendorf, IA 52722
Office: (563) 359-4401
Fax: (563) 359-4405
Res: (563) 381-2152
Cell: (563) 349-5295



BETTY LEDFORD
REALTOR®



NOW IS THE TIME TO BUY OR SELL!

- Get up to an \$8000 tax credit for qualifying First time buyers,

The new \$6500 for current home owners who qualify.

Offers must be accepted before April 30th,
and closed before June 30th, 2010.

If you're interested in Buying or Selling, you can call
563-349-5295

HAPPY BIRTHDAY

Andrea Gau March 16th
Kevin Derrickson- March 16th
Sheri Nissen- March 16th
Helen Haines March 17
Laethen Teel, March 18th
Robin Guenther March 19
Ronda Coonts- March 19th
Mary Lou Pittman- March 21st
J. Teel II- March 22nd
Emily Teel- March 23rd
Dustin Gau March 24th
Pam Abbott March 24
Steve Teel, March 24th
Kristen Hagberg, March 25th
Jeff Coonts- March 26th
Deena Morz March 27
Mikki Judge March 27
Kathy Hutehison- March 29th
Harold McCullough- March 30th
Kenneth Bernauer March 31st
Evan Mosier- March 31st
Audry Remley April 1
George(Jugg) Roop April 1st
Ryan Caudle April 1st
Grace Coonts April 1st
Ray Kuehl April 1st
Jesse Leonard Jr. April 4th
Allison Moore April 5
Nick Bowers, April 13th
Alberta Dyer- April 14th
Ray Dodds- April 14th

HAPPY ANNIVERSARY!

Pat and Steve Teel, March 20th
Laura and Lyle Anderson March 31
Brent & Nickie Teel April 5th
Randy & Teresa Platt April 8
Linda and Danny Mullanack April 12

Sincere Sympathy

To the Family of Lila Deirling.

If you would like to see yours or your loved ones' Birthday or
Anniversary in here, please email the info to Chris at
Chris2865@msn.com, or call 381-8074.

Thank You All

From Walcott School PCN

Generous: liberal in giving; unselfish. Walcott Intermediate School's PCN would like to acknowledge the following sponsors and thank them for their generous donations for our Fun Night activities on March 5, 2010. All of students were able to take a door prize home that night thanks to these generous sponsors! B & D Automotive, Blue Grass Bank, Blue Grass Community Club, Borders Books and Music, Buffalo Savings Bank, Burt Storage, Casey's General Store, Delf's Landscaping and Irrigation, HyVee Food Stores (West Locust), John Deere Company, Li'L Mississippi Golf, Mike Farley, Athletic Dept. at Walcott School, NuZeta Sorority, Precision Bend and Machine, Putnam Museum and IMAX Theatre, River Valley Coop., Scott County Family YMCA, Walcott Trust and Savings Bank, Walcott Women of Today, Wendy's of Walcott, Whitey's Ice Cream, Ultimate Fitness, Brus Construction, Grass Groomers/The Outhouse, Sandy's Hair Fair, Walcott Mutual, Allmandinger Chiropractic, LaFarge Company, Quad City Bank & Trust, Michael's Fun World, QC River Bandits, Happy Joes, Rich Metals, Uncle Harley's, Voelkers Plumbing, Inc., North Scott Press, LambdaPhi, Terry's Riverview Barber Shop, American Legion/Pst # 548, Buffalo Community Center, Culvers, CS Technologies, Jackie, Target, **City of Buffalo**, Walcott Day Committee, Thompson's RV, MidAmerican Energy, Dan Smith/MidAmerican Energy, Blue Grass Feed & Seed, Kim Daily, Climatronics, Dick n Sons, Scott County Sheriff Dept/Rachelle Kunde, Sally Marten, West High School Booster Club, and the Walcott Lions Club. The PCN would also like to express our thanks to the 30+ parents/Walcott staff who gave up a Friday night to help provide Walcott Intermediate School kids a positive and safe evening to socialize with their friends! Thank you to everyone for their wonderful support!
Tina Gipple/Fun Night Chair

Buffalo History 101

Mayor John Rowan purchased a seal for the Town of Buffalo on August 7, 1882.

Residential Water Run-off

The rain and snow that flows away from your home and property has great potential for adversely affecting your community's source water. According to the most recent National Water Quality Inventory, runoff from urbanized areas is the leading source of degradation to all water. As one of the earth's caretakers, there are steps you can take to help reduce these effects.

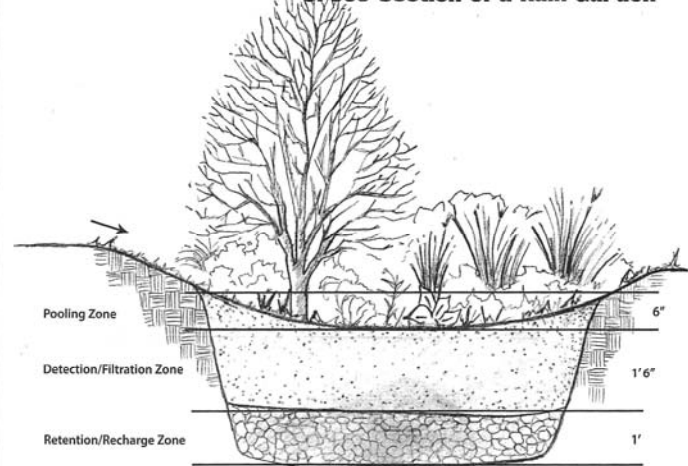
Limit Paved Surfaces

A large part of our residential landscape is covered by paved surfaces such as sidewalks, parking lots, roads, and driveways. Due to the solid surfaces like pavement and rooftops, a typical city block generates five times more runoff than a forested area of the same size. These paved surfaces prevent water from percolating into the ground and instead cause runoff to flow into storm drains. This rain or snowmelt also picks up heat from the paved surfaces as well as oil, grease and trash, all negatively affecting the receiving water. To reduce runoff from the solid surfaces around your home, replace them if possible with porous surfaces. Sidewalks and driveways can be replaced with small paving blocks, porous paving asphalt, cobbles or gravel. Paved sidewalks and patios can be exchanged for wooden decking, gravel, brick, paving stones, mulch, grass or other natural groundcovers. These permeable surfaces allow rainwater and snow to slowly seep into the ground.

Build a Rain Garden

Rain gardens are specially designed low areas landscaped with plants that soak up storm water from your roof, driveway and other solid surfaces. They can also be used as a buffer to shoreline areas to capture runoff from the home landscape before it enters a lake, pond or river. To reduce storm drain overload, many states are encouraging homeowners to install rain gardens. These shallow depressions or retention ponds hold runoff and give water time to soak slowly into the ground, thereby reducing localized flooding and allowing the impurities to settle out, recharging the groundwater.

Cross Section of a Rain Garden



Researchers are studying the possibility of rain gardens to remove other pollutants besides the heavy metals and phosphorus that they are now known to remove. These specialized gardens also create an appealing natural area that will attract birds and butterflies, while improving local water quality.

Senior Moments.....

1. PLANNING Buffalo Days. March 23rd at 6p.m. at City Hall. Come one come all with ideas. Start a committee for a project. Sign up for an event. PLEASE.
2. MATCHING FUNDS for the trail and Beach...park. We have plans for a walking trail from the Bench and trees by Lafarge to Buffalo Shores. Lets ALL put our ideas and work to make it happen.
3. Theme for Parade and Events: R U Counted? Census? , Buffalo Olympics, Heroes. We can have basketball games, baseball, skateboard, and races, etc in the park as well as Crafts, Photo Contest, Baking Contest, Flea Market, Vendors, and YOUR IDEA is_____.
4. There have been several Sr. events with information, bands (Ken Paulsen, German Band). I never saw so many dancing .I wore my lederhosen and German hat and walking stick. Lots of Green for St. Pat's day.
5. The water is rushing down the creek and flooding looks likely. Please check in front of your homes and pick up stuff from winter in culverts and curbside so it will not go into river or our storm sewers. This includes LEAVES>
- 6..Our Clothing Rooms are looking better all the time and have so much interesting items.. Shoes and Boots, Baby stuff, and the ladies have the greatest smiles anywhere. They gave away over 71,000 items last year. Check their hours on Tue 9-12, Wed 9-12, and Thur 5-7. There are lots of different things every time plus GREAT BOOKS for children and adults. There is even a large shelf with religious books for children and adults. THANKS LADIES.....
- 7.Have some goat babies already and expecting a few foals. Spring is almost here. Did YOU turn YOUR clocks AHEAD?
8. There are a lot of CASI events coming up. Pick up your MATURE FOCUS, CASI dates, and other coming events at GEN AGE CAFE, or LIBRARY. Get out and WALK. Enjoy YOUR city. and HAVE A GREAT DAY. Sr Pres., and Councilperson, Dana Jo



American Legion Post 711, Blue Grass, Iowa

If you are a Veteran we would like to invite you to join American Legion Post 711. Meetings are the 3rd Thursday of every month, 7 PM, at 106 South Juniata Street, Blue Grass. Some of our upcoming events are:
Legion and Auxiliary meetings- March 18th, 7 PM

Pancake Breakfast- April 3rd, 6 to 9:30 AM, \$6

For a complete calendar of events and for additional information on joining the Legion, check out our website at: Sites.google.com/site/ialegionpost711



**Buffalo Library News -
March 2010**

Spring is in the air! Thoughts turn to gardening, and home-improvement projects, and outdoor sports! Come in and check out our selection of books on these and other Spring topics.

Check out the Friends of the

Buffalo Library Book Cart. Great used books and magazines, at terrific prices: magazines, 10¢, paperbacks 50¢, hardcovers, \$1.00. Kids' books, too! Available everyday, near the magazine shelves. Proceeds support Buffalo Library programs.

As always:

The ever-popular Story Hour is Wednesday at 10:00 am. Preschoolers have fun hearing a story and making a craft.

Homework Hotline: FREE help with homework problems, from Elementary through High School, from a live on-line tutor.

Library Quote: "There was no greater happiness for me than to read—children's books at first, then "young adult"—and beyond. No greater happiness than to make my way along the seemingly infinite shelves of books in the Lockport Public Library, drawing my forefinger across the spines..." – Joyce Carol Oates
Stop in at the Library! You'll always find something interesting!

- Cindy Mosier, Branch Associate

Library Hours:

Monday, Tuesday, Thursday: 2:00 to 7:00 pm

Wednesday: 9:00 am to 1:00 pm, then 2:00 to 7:00 pm

Saturday: 9:00 am to Noon

381-1797

WORK OFF THOSE HOLIDAY POUNDS

VITALITY FITNESS

1134 Front Street
Buffalo, IA 52728

563-823-8608

Open 6:00 am to 7:00 pm

Weekdays

8:00 to Noon Saturday

State of the art Fitness equipment, Tanning also available



Think Spring With More Green Vegetables

We have to engage some patience before spring officially arrives, and we're able to start planting our garden. So, begin by looking at your plate. Adding green veggies to your plate is like adding a touch of Spring.

People tend to shortchange themselves on dark green vegetables, along with orange vegetables. While orange vegetables, such as carrots, get most of the credit for promoting and maintaining good eyesight, green vegetables should get the spotlight.

For example, spinach contains a natural plant chemical, lutein, which works with another natural plant chemical, zeaxanthin, to keep eyes healthy. Lutein also is found in green peppers, peas, cucumbers and celery. Getting enough lutein and zeaxanthin may help reduce our risk of age-related macular degeneration, a leading cause of blindness.

Cabbage is another green vegetable group with health-promoting properties. To the ancient Greeks, cabbage was known as a medicinal food.

Cruciferous vegetables, such as cabbage, broccoli and brussel sprouts, contain isothiocyanates, which are sulfur-containing compounds. These compounds are responsible for some of the health benefits.

In a study of more than 18,000 Chinese males ranging in age from 45 to 64, eating more cruciferous vegetables was associated with a lower risk of lung cancer. Cruciferous vegetables also are linked with reducing the risk of prostate and stomach cancer.

Besides thinking of cabbage as a medicinal food, the ancient Greeks also had a saying, "Cabbage twice cooked is death."

That's a good reminder to prepare cabbage and its relatives properly. Cabbage has a mild flavor in the raw state. It becomes more aromatic during long cooking because it contains sulfur compounds that form hydrogen sulfide gas during cooking.

Cook cabbage quickly in as little water as possible. Leave the cooking pot at least partially uncovered to allow the sulfur compounds to escape.

Cabbage remains an economical menu item. Cabbage is a good source of vitamin C and is low in calories at 15 calories per half cup. It also can be fermented to form sauerkraut to lengthen its shelf life while preserving the vitamin C it contains. Sauerkraut, however, is much higher in sodium.

When preparing cabbage, remove the outside leaves and cut out the core. Wash well under running water, place it in a plastic bag or wrap it in plastic and place it in a vegetable crisper.

Here's a tasty twist on coleslaw:

Asian Coleslaw

1 pound shredded cabbage or 16-ounce bag of coleslaw mix

1 (11-ounce) can mandarin oranges, drained

1/2 c. peanuts (optional)

Dressing ingredients:

2/3 c. light Italian dressing

2 Tbsp. low-sodium soy sauce

Mix together the cabbage or coleslaw mix, nuts and mandarin oranges. In a separate bowl, stir together the Italian dressing and soy sauce. Add dressing to the coleslaw mixture and toss well.

Makes 12 servings of 1/2 cup each. Each serving has 45 calories, 2.5 grams (g) of fat, 6 g of carbohydrate, 1 g of fiber and 40 percent of the daily recommendation for vitamin C.

CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 MARCH	15 BINGO GEN AGE CAFÉ-BAC	16 FREE CLOTHS 9-12	17 GEN AGE CAFÉ-BAC FREE CLOTHES	18 Hist mtg 6:30 Free clothes 5-7 CLC DINNER 4-6:30	19 GEN AGE CAFÉ/	20
21	22 BINGO GA CAFÉ	23 FREE CLOTHS 9-12	24 GENAGE CAFÉ FREE CLTHS 9-12	25 Free clothes 5-7	26	27
28	29 BINGO GA CAFÉ	30 FREE CLOTHS 9-12	31 Gen Age Cafe FREE CLOTHES 9-12	1 Free clothes 5-7	2	3
4	5 G.A. CAFE BINGO CITY COUNCIL MTG 7PM	6 FREE CLOTHS 9-12	7 G.A. CAFÉ Free Clothes 9-12	8 Free clothes 5-7	9 G.A. CAFÉ	10
11	12 G.A. CAFE BINGO	13 FREE CLOTHS 9-12	14 G.A. CAFE Free CLOTHES 9-12	15 Free clothes 5-7	16 G.A. CAFE	17

ALL BUFFALO BUSINESS ADS WILL BE FREE!

WE WANT TO PROMOTE THE BUSINESSES IN OUR TOWN AND IN TURN PROMOTE OUR TOWN! WE WILL PLACE ADS IN PAPER AS SPACE IS AVAILABLE. IF SPACE RUNS SHORT, WE WILL ROTATE ADS. WE WILL BE AS FAIR AS WE CAN. Paper distributed on 15th of month.

*ALSO, please accept our apology for any errors that may appear in this issue.

MAYOR: DOUG ANDERSON 381-3839 mayor@buffaloioiowa.org

COUNCIL MEMBERS:

KIM BUCHANAN 381-5204 kbuchanan@buffaloioiowa.org

DANA JO SMITH 381-3245 dsmith@buffaloioiowa.org

MITCH GREER 381-2025 mgreer@buffaloioiowa.org

JUDY HAMMONS 381-1465 jhammons@buffaloioiowa.org

OLIN MEADOR 381-1687 omeador@buffaloioiowa.org

**SENIOR MEALS SERVED M-W-F AT NOON
AT THE SENIOR MEAL SITE IN THE BACK.**

IF YOU NEED DELIVERY, CALL 24 HOURS AHEAD:

PHONE NUMBERS- 324-9085, 381-4594,

Submissions to the paper should be sent to: chrisc2865@msn.com

Or call Chris at 381-8074



THE BUFFALO COMMUNITY CENTER!

RECEPTIONS, BIRTHDAY PARTIES

ANNIVERSARIES, GRADUATIONS

FAMILY REUNIONS

BINGO EVERY MONDAY

DOORS OPEN AT 4:00

BINGO STARTS AT 6:00

CALL CONNIE at 381-3967

OR DON 381-1730

AUCTIONS ARE EVERY OTHER THURSDAY!

Meetings are the last Sunday of each month at 4:00 pm